

FROM HIGH PERFORMER TO TOP PERFORMER!

The West Midlands Coaching Pool offers the fantastic opportunity for you or your employees to receive free high quality executive coaching from fully qualified and accredited performance coaches.

A coach is able to support people to achieve their goals, with encouragement, motivation and direction, energising the individual to solve their own problems through goal setting and offering expertise.

Become a Client

To access a coach from the West Midlands Regional Coaching Pool you need to register as a client on our Matching Site:

www.wmcouncils.gov.uk/coachingpoolmatchingsite

Search for a Coach

Once registered you will be able to search for a suitable coach. You will be given a number of profiles to view and you should select one coach (or you can search again for further options).

Get your manager involved

We advise you to invite your line manager to approximately 30 minutes of the first session to discuss the objectives and outcomes you would like to reach through your coaching.

For further information about how managers can support you please see the:

[Supporting Coaching Document-Briefing note for managers](#) on the Coaching Pool web pages (see link at bottom of the page)

Choose a Coach

On selecting your chosen coach you will be sent an automatic email with the coaches' details and the coach will be sent yours.

Please get your line managers approval for you to receive coaching before selecting a coach.

Arrange your sessions

It is your responsibility as the client to make first contact with the coach; please do so within 10 working days

When and Where: The sessions can take place where and when ever it is suitable for both yourself and the coach.

Amount: The coaching sessions should last approximately 2 hours and the coach should discuss with you the amount of sessions you feel you will need coaching at your first meeting.

Make the most of your coaching experience!

If you have any further questions please contact the projects team:

coachingpool@wmcouncils.gov.uk or
0121 245 0156

(Please remember if for any reason you cannot attend a coaching session let your coach know ASAP).

www.wmcouncils.gov.uk/receivingcoaching

West Midlands
Coaching Pool